



Ohio Suicide Prevention Foundation Presents:

SUICIDE BEREAVEMENT CLINICIAN TRAINING

**Thursday,
April 2, 2015
9:00 am—4:30 pm**

Embassy Suites Hotel Columbus Airport
2886 Airport Drive, Columbus, OH 43219

Developed in Collaboration with:
The American Association of Suicidology
The American Foundation for Suicide Prevention

John R. Jordan, Ph.D. - Instructor

The suicide of a loved one can have a profound and sometimes devastating impact on those left behind, called suicide survivors. Bereavement after suicide may entail high levels of disorientation, guilt, regret, anger, shame, and trauma. Survivors sometimes also find their relationships with other people changed, as they struggle with the social stigma often placed on suicide, and the altered family relationships that have been changed by the feelings of guilt, blame, and failure that suicide may engender. Survivors may also be at risk for elevated rates of complicated grief and future suicidality themselves. All of this makes surviving the suicide of a loved one a potentially life-transforming ordeal that requires a level of support that goes beyond traditional grief counseling. Yet very few mental health training programs devote any time to training clinicians about the challenging work of suicide postvention – helping survivors cope with the tragic loss.

This workshop will provide a focused overview of the impact of suicide on survivors, and the clinical and support responses that are needed after a suicide occurs. The workshop will include didactic presentation, group discussion, case examples from the presenter's practice, and video clips from grief therapy sessions.

Topics to be covered will include:

- the psychological impact of suicide on survivors and common themes in the bereavement of survivors
- the impact of suicide on family functioning
- what research with survivors tells us is needed
- the tasks of loss integration and recovery for survivors
- postvention options for survivors
- principles of postvention after client suicide
- principles of longer term clinical work with survivors
- examples of specific clinical techniques that can be of use in grief therapy with survivors



John (Jack) Jordan is a licensed psychologist in private practice in Wellesley, MA, and Pawtucket, RI, where he specializes in working with loss and bereavement. He was also

the Founder and the Director of the Family Loss Project, a research and clinical practice providing services for bereaved families. He specialized in work with survivors of suicide and other losses for more than 35 years. As a Fellow in Thanatology from the Association for Death Education and Counseling (ADEC), Jack maintains an active practice in grief counseling for individuals and couples. He has run support groups for bereaved parents, young widows & widowers, and suicide survivors.

For over 30 years, Jack has provided training nationally and internationally for therapists, healthcare professionals, and clergy through PESI Healthcare/CMI Education, the American Foundation for Suicide Prevention, and as an independent speaker. He has also helped to organize and lead dozens of healing workshops for suicide survivors.

AGENDA

8:15 am	Arrive and sign-in
9:00	Introduction & Suicide Survivors: Who Are They?
10:45	Understanding the Impact of Suicide Loss
12:15 pm	Lunch (provided)
1:00	What Can We Do to Help Survivors?
2:45	Grief Therapy with Survivors
4:30	Adjournment

There is a \$25.00 registration fee to attend this training. CEU's and Lunch will be provided and registration is required. Space is limited. See registration form on final page.

Objectives:

1. Offer a working definition of a suicide survivor
2. Identify at least five common themes in the impact of suicide on survivors
3. List tasks of psychological re-integration after suicide
4. Describe several options for intervention with survivors
5. Describe three categories of clinical technique with survivors.



Continuing Education

OhioMHAS Continuing Education Committee is an approved provider of Continuing Education for **RNs** and **LPNs** for the Ohio Board of Nursing and has awarded **6.25 CE** contact hours per **OBN00392-1885CO**.

OhioMHAS has been approved as a provider of Continuing Professional Education credit by the Ohio Counselor, Social Work, Marriage and Family Therapist Board. **6.25 CEs** have been awarded to **Social Workers** per **RSX088902-2109CO** and to **Counselors** per **RCX068915-2093CO**

OhioMHAS is approved by OPA-MCE to offer continuing education for **Psychologists**. **6.25 MCEs** are awarded per **311334820-1280CO**.

OhioMHAS is approved by the Ohio Chemical Dependency Professionals Board to offer recognized clock hours for **chemical dependency counselors and prevention professionals**. The provider approval number is **09-1315-64PVN-R** for **6.25 RCHs**.

To find out more about this workshop, contact:

Cheryl Holton ♦ 614-429-1528 x 401 ♦ cholton@ohiospf.org

This event is planned in partnership with:



The Margaret Clark Morgan Foundation
Phone: 330-655-1366 www.mcmfdn.org



REGISTRATION FORM

SUICIDE BEREAVEMENT CLINICIAN TRAINING

Ohio Suicide Prevention Foundation

Complete this registration form and mail with \$25.00 check via USPS, before March 30, 2015, to
Ohio Suicide Prevention Foundation, 2323 West Fifth Avenue, Suite 160, Columbus, Ohio 43204

Training Title: Suicide Bereavement Clinician Training

Training Date and Time: Thursday, April 2, 2015 9:00 am to 4:30 pm

Location: Embassy Suites Hotel Columbus Airport, 2886 Airport Dr., Columbus, OH 43219

On-Site registrations will be welcomed if space is available.

Please print clearly

Name : _____

Agency (if applicable): _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **E-mail:** _____

Sponsored by the Ohio Suicide Prevention Foundation through support from the Ohio
Department of Mental Health and Addiction Services

For additional information or questions, please contact Cheryl Holton at the Ohio Suicide
Prevention Foundation:

Cheryl Holton, Program Administrator/SAMHSA GLS Grant Project Director

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